

Sharing the Wealth of Our Ancestors: Understanding Behavioral Health & Substance Abuse in Native American Communities #___

Co-Sponsor: Saginaw Chippewa Behavioral Health

Planning Committee: Statewide Tribal Behavioral Health Communication Network and the MSU School of Social Work

Description: Come together with experts in American Indian behavioral health to learn about culturally competent practice with American Indian individuals, families, and communities. United States history, federal practices and policies, behavioral health models such as Access to Recovery (ATR), and traditional healing practices will be presented. See full program description and session objectives below.

Soaring Eagle Casino
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Use ID Code 98K0ZX
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Full one-day
program
8:30 am —
5:00 pm

Date: November 4, 2010
Time: Registration 8:00 AM • Program 8:30 AM – 5:00 PM
Location: Soaring Eagle Conference Center, 6800 Soaring Eagle Boulevard, Mount Pleasant, MI, in the Black River Room
CECHs: 6 (MCBAP 8.5 hours)
Price: \$155 all categories. Price includes materials, buffet lunch, and parking.

Recommended for
beginning and intermediate
skill levels

Clinical Practice

Early registration
discounts before Oct. 25:

\$135 general price; \$115 employees of Michigan Tribal Behavioral Health Centers, MSU alumni, MSU field instructor, and groups of four or more per person; \$89 student/retiree; \$35 MSU School of Social Work faculty and field liaison. All prices include materials, buffet lunch, and parking. Bios of presenters are available at socialwork.msu.edu/ceu; click to view the online catalog.

CE faculty:

AGENDA

8:00 a.m.
**Registration &
Continental Breakfast**

8:30–9:00 a.m.
**Welcome &
Opening Ceremony**

9:00–10:15 a.m.
**Session 1: The Untold Story
of Indian Boarding Schools
& the Impact on Present-day
American Indian Individuals,
Families, & Communities**
*Hunter Genia, LMSW, CAAC
Shannon Martin, BS*

Description: This workshop will examine the untold story of the U.S. federally funded Indian Board School policy and the impact on individuals, families, and communities. The period between the 1870s and 1930s is known as the “era of lost children” in the United States - what implications of this policy now affect many of today’s American Indian communities. A closer examination of the Indian Boarding School impact will be explored.

Objectives: As a result of this course, you will be prepared to:

- Identify how and why Indian Boarding Schools came into existence;
- Understand the impact the policy has had on present-day American Indian individuals, families, and communities;
- Hear firsthand from boarding school survivors about their experiences and their journey on the path to well-briety.

10:15–10:25
Break

10:25–11:40
**Session 2: Federal Policies &
Practices & the Impact on Native
Families & Communities**
William Memberto, LMSW

Description: This program will give a historical overview of the policies and practices their impact upon Native Americans.

Objectives: As a result of this course, you will be prepared to:

- Gain a better understanding how the historical issues have had negative impact on family and community functioning.

11:45–12:15
Lunch

12:15–1:15
Exhibition of Tribal Song & Dance

Description: Participants will view and experience live demonstrations of current cultural practice that are used in today’s prevention, treatment, and recovery aspects of tribal lifeways.

Objectives: As a result of this course, you will be prepared to:

- Understand the teachings and values of the Anishinabe tribal dances and songs in order to formulate how they can be of value in the health and social work fields.
- Understand the history of three dances and how they foster healthy lifestyles and values in working with Native American individuals, families, and communities.
- Describe how one dance you participate in could benefit clients, families, and communities you work with.

1:25–2:55 p.m.
Session 3: Access to Recovery Panel
*Eva Petoskey, MS
Arlene Kashata, BA
Anthony Davis, CAAC*

Description: Panelists will discuss promising practices for working with American Indian individuals, families and communities. The

focus will be on culturally congruent approaches to addressing the multigenerational problems associated with substance abuse and addiction. Anishnaabek natural resiliency factors will be discussed and highlighted.

Objectives: As a result of this course, you will be prepared to:

- Identify and describe at least three promising practices for working with American Indian individuals, families and communities.
- Identify culturally based strengths and resiliency factors that can be mobilized in Tribal families and communities to support healing and recovery from addiction.

2:55–3:05 p.m.
Break

3:05–4:20 p.m.
Healing the Mind, Body & Spirit
*Gwen Alwood, LMSW, CAC-M
Steve Pego, Saginaw Chippewa Elder
Robert Storrer, CAC-R, ADS*

Description: The Anishinaabe culture is one of interconnectedness. The Medicine Wheel teaching focuses on the balance of life and the importance of attention to the whole person, family and community in the areas of spirituality, physical health, and emotional and mental wellness in order to achieve recovery. This session will expose the participant to the concept of holistic treatment in native communities and provide teaching on implementing these teachings into Western styles of practice.

Objectives: As a result of this course, you will be prepared to:

- Identify and discuss the role of ceremonies and traditions within a behavioral health setting.
- Identify key areas of concern when treating an Anishnaabe client.

4:20–5:00 p.m.
Evaluations & Closing Ceremonies